



#### Community Food Systems Mentorship Program Informational Call

Tuesday, January 10, 2023 3:00-3:30 pm CT

Welcome! Please introduce yourself in the chat and share one word that comes to mind when you think about mentorship.

#### **The Food Systems Leadership Network**

A national peer learning community that connects current and emerging leaders, strengthens individual and collective leadership capacity, and fosters collaboration across communities.

- We envision these leaders linked through a living network of shared purpose, learning, and action that advances social justice locally, regionally, and nationally.
- The goal of the network is to accelerate the realization of a just, equitable, and sustainable food system that generates good food, health, and opportunity for all.



#### www.foodsystemsleadershipnetwork.org



## Community Food Systems Mentorship Program

#### Program Goals:

- To build relationships of solidarity and support across the movement
- To create space for seasoned leaders to share their wisdom, knowledge, & expertise with others
- To strengthen the capacity of food systems leaders to catalyze social change through food

#### Stats to date:

- Launched in January 2018
- 6 cohorts = 163 mentees total; 63% identify as BIPOC
- 100% of participants feel more confident in their leadership capacity & 90% planned to make changes to their practices



#### **IN MENTEE'S WORDS**







Angel Mendez, Red Tomato



Karen Washington, Rise and Root Farm



Nancy Creamer, Former Director, Center for Environmental Farming Systems, NC State University



Kukui Maunakea-Forth, Wai'anae Community

Wai'anae Community Re-Development Corporation and the MA'O Community Food Systems Initiative



**Lydia Villanueva,** CASA del Llano, INC



Malik Yakini, Detroit Black Community Food Security Network



**Miles Gordon,** Kitchen Table Consulting



**Rich Pirog,** Former Director for the Center for Regional Food Systems at MSU



#### WHAT TO EXPECT

8-hour commitment with mentor over 4 months

- March June, 2023
- Create time for follow-up, prep, and action inbetween calls
- Mentees set their own goals for the program, mentors support in finding the path
- Cohort development
  - Kickoff, midway, and debrief connection points



# The Difference between Mentorship and Technical Assistance

- Mentorship is based on relationship— a mentor's purpose is to support their mentee.
- Mentees consistently say their mentor was a sounding board.
- Asking for and receiving specific technical assistance may be *part* of the relationship, but it is not its primary purpose
- Answers/solutions ultimately reside within the mentee.
- Mentors are also learning--solidifying their own experience and expertise, and exchanging ideas with mentees.





### WHAT MENTEES HAVE WORKED ON

- Organizational Leadership
  - Developing accountability within an organization
  - Community engagement and transferring power
- Personal Leadership
  - Prioritizing where to direct your energy to be most effective
  - Addressing self doubt and imposter syndrome
- Racial Equity
  - Navigating white spaces in the food movement and within organizations as a person of color
  - Creating culturally relevant and responsive places in agriculture



### **APPLICATION TIPS**

- Who should apply:
  - Anyone from program staff to executive directors who work to advance equitable food systems
  - Consider your time and availability to engage with a mentor and follow-up between calls
- When filling out your application:
  - Be honest about your current status and where you want to go through mentorship
  - Consider why you are seeking mentorship
- Process:
  - Complete Organizational Capacity Assessment Matrix
  - Select your 1<sup>st</sup> and 2<sup>nd</sup> choice for mentor on the application
  - Wallace Center screens applications and passes on to mentors
  - Mentors review applications and select who they would like to work with



#### **KEY DATES**

- Applications open through January 20
- Mentees notified: week of February 13
  - Survey to confirm participation
- Mentee kickoff call: March 8
- Mentee halfway call: early May
- Mentee closeout call: mid June
- Mentorship runs: March 8 June 30, 2022



### Q/A



